



## A MINUTE WITH MISS LINDA



### *“Be Patient!”*

Patience! My mother used to say, "Patience is a virtue few possess and many desire." That phrase is not found in the Bible, but we know it lines up with scripture. The apostle Paul lists patience as a fruit of

the Spirit.

#### **Galatians 5:22-23 ERV**

22 But the fruit that the Spirit produces in a person's life is love, joy, peace, **patience**, kindness, goodness, faithfulness,  
23 gentleness, and self-control.

None of us are born patient. My husband enjoys watching TikTok videos of toddlers trying to do a task, and after failing several times getting totally frustrated and throwing a fit. It is one thing for toddlers to do this, but how often have we adults acted in the same way? One day in a counseling session my husband told a lady that she needed more patience. She responded by saying, "I know, and I have asked God to make me more patient and told Him I need Him to do it right now!" 🤔

I have such respect for my mother because she walked in such patience with her children. I grew up in a large family and six of my siblings were boys

who had not yet become men. Need I say anymore? Mom could have chosen to be very impatient with us kids, but never once did we hear her yell or become impatient or frustrated.

I have a hunch our family was no different than yours. We all want to see our children grow up to be mature adults we can be proud of, but the fact is, they are still children and children will act like children. If we lose patience with them it will not produce a good result; rather the example we set will be reproduced in them.

**The Strongs definition of patience is:** cheerful (or hopeful) endurance, constancy;--enduring patient continuance (**waiting**).

Yes, patience and waiting are like a hand in a glove. No discussion about patience would be complete without taking into consideration the fact that patience **must** include waiting. We must wait for our children to grow up, our mates to become what we want them to be, our plants to grow, and our God to answer our prayers. God must have known it would be like this because He told us to wait patiently on Him.

#### **Psalms 40:1 KJV**

**I waited patiently** for the Lord; and he inclined unto me, and heard my cry.

#### **Psalms 37:7 AMP**

7 Be still before the Lord; **wait patiently** for Him and entrust yourself to Him;

**"Be Patient!"**  
CONTINUED FROM PAGE 3

I would be remiss if I did not point out the havoc we can create if we fail to be patient. Parents have alienated themselves from their children, friendships have been broken, and marriages have ended all because someone lost patience. God was taken out of the picture and all that was left was a human who was out of control, and the results were very predictable.

None of us want that, so we need to be able to know when we are about to slip into that mode and what to do about it. I am sure you have heard someone say, "My patience is wearing thin." How did they know? As always, the Bible has the answer.

**Proverbs 15:18 AMP**

18 A hot-tempered man stirs up strife, But he who is slow to anger **and patient** calms disputes.

Anger is an emotion that is very easy to detect and when anger is detected we can be sure that patience is wearing thin. It is time to pray! That may be the most important thing you will read in this entire article.

I encourage you to apply this when it comes to disciplining your children. Too many parents wait to discipline until they are very angry, and that is why sometimes bad things happen.

What is your situation today? Have you started to feel as if it will never change? Are you starting to feel angry about it? I know

you don't want to hear what I have to say, but I must say it; **if you lose your patience, you have given up on God.** No matter how dark it may seem, God is at work. Could it be that the work God is doing is inside of you?

**Romans 5:3 KJV**

3 ...but we glory in tribulations also: knowing that **tribulation worketh patience;**

**Luke 8:15 AMP**

But as for that seed in the good soil, these are the ones who have heard the word with a good and noble heart, and hold on to it tightly, **and bear fruit with patience.**

**Wait on the Lord....Wait patiently!**



AND THAT MY FRIENDS IS THE TRUTH